

## RMBH Team

The RMBH professionals come together as an effective combination of Certified Addiction Counselors, Licensed Clinical Social Workers and therapists with advanced degrees in family issues

### Management Team:

**Ray Moore, CAC III**  
Executive Director

**Scott McFadden, CAC II, LPC**  
Clinical Manager

**Jackie Hanssen**  
Business Manager

### Counseling Services Team:

**Don Aragon, BSW, CAC III**  
HOPE Program, MRT, SSC

**Ken Odom, MA, MFC, DV**  
Men's DV, Anger Mgmt, Jail Programs  
Couples therapy, Spiritual Guidance

**Rhonda Graham, BS**  
Victim Advocate, MRT, ALERT, START

**Sandra Hensley, CAC III**  
Women's Specialized Services, MRT, SSC,  
HOPE Program, Relapse Prevention

**Valerie Scott, MS, MFT, CACII**  
Children therapy services, Co-Occurring  
services, Family, Living Skills, IOP

**Ted Ulibarri, BSP, CAC II**  
DHS Family Court Services, Men's jail  
program, IOP, Relapse Prevention

**Alyssa Klugh, CAC II**  
Adolescent services, DUI, MRT

**Linda McDonald, BS, CAC III, DVOMB**  
Approved Provider  
Domestic Violence Programs

## ROCKY MOUNTAIN BEHAVIORAL HEALTH, INC

**CRISIS Intervention services**  
available 24 hours per day.

During business hours:

719-275-7650

Evenings & Weekends:

719-429-3784

### FREMONT COUNTY

3239 Independence Road  
Canon City, CO 81212

Phone: 719-275-7650

Fax: 719-275-4209

E-mail: [rmbh@rmbh.org](mailto:rmbh@rmbh.org)

[www.rmbh.org](http://www.rmbh.org)

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**ROCKY MOUNTAIN  
BEHAVIORAL  
HEALTH, INC.**



# H.O.P.E.

*Day Treatment  
Program*

*H*ealing

*O*vercoming

*P*lanning

*E*mpowering

**719-275-7650**

**ROCKY MOUNTAIN  
BEHAVIORAL HEALTH,  
INC.**

**"House of Hope"**

The H.O.P.E. Program at RMBH is the only Outpatient Substance Abuse Day Treatment program of its kind in Colorado.

In a partnership with Rocky Mt Behavioral Health, Inc., 11th Judicial District Courts, Probation Department, and Sheriff's Office (jail), RMBH has developed an Intensified Day Treatment Program.

In substance Abuse treatment there are Levels of treatment (Modalities) such as:

**Outpatient:** (up to 2 hours of treatment per week)

**Enhanced Outpatient:** (3- 8 hours of treatment per week)

**Intensive Outpatient:** (9-19 hours of treatment per week)

**Day Treatment:** (20 + hours of treatment per week, from 30-90 days, stays in the community)

**Residential Treatment:** (30 days, 90 days, 6 months, in residential setting out of town)

**National Institute on Drug Abuse (NIDA) Evidence**

**Based research states the following:**

**"Outpatient Treatment Programs"**

Outpatient treatment varies in the types and intensity of services offered. Such treatment costs less than residential or inpatient treatment and often is more suitable for people with jobs or extensive social supports. It should be noted, however, that low-intensity programs may offer little more than drug education. Other outpatient models, such as intensive day treatment, can be comparable to residential programs in services and effectiveness, depending on the individual patient's characteristics and needs. In many outpatient programs, group counseling can be a major component.

**The H.O.P.E. Program is designed to accommodate those on probation still incarcerated as well as those in the community. The goal of the H.O.P.E. Program is to be an alternative to residential treatment by lowering treatment costs and assisting in keeping the individual in the community where there is social and family support. H.O.P.E. is a "Day Treatment" program designed to be an increase in "Level of care" when lower modalities have not been successful. With the support of the Sheriff's Department and their staff, those incarcerated are escorted by deputies to and from RMBH in order for those individuals to receive treatment in a treatment setting.**

**H.O.P.E. is a trauma sensitive program, using proven, evidenced-based/best practices curriculums and motivational interviewing strategies to promote positive outcomes.**